



Saks

SINCE 1974

HAIR &  
BEAUTY  
MENU

# OUR PROMISE TO YOU..

Welcome to **Saks Hair & Beauty West Bridgford.**

We are experts in delivering beautiful, confidence-boosting results.

Our award-winning team combine skill, experience, and personalised care to ensure every visit leaves you looking and feeling your best.

This is more than a service, it's a transformation.

**Book your experience today.**

A VERY WARM WELCOME TO  
**SAKS WEST BRIDGFORD**



## HAIR

	Senior Stylist	Director
Ladies Cut & Blow Dry	£51	£61
Ladies Cut & Blow Dry <i>Long Thick Hair.</i>	£59	£69
Ladies Re-Style	£61	£71
Ladies Blow Dry	£35	£45
Ladies Blow Dry <i>Long Thick Hair from</i>	£45	£55
Hair Up <i>from</i>	£51	£61
Ghd Curls/Straight	£20	£30
Girls Cut & Blow Dry <i>11-18 year old.</i>	£41	£51
Gents Cut	--	£35
Boys Cut <i>11-18 year old.</i>	--	£35
Children under 10 <i>(walk in only – no wash)</i>	£20	£30

*A surcharge will apply for long/thick hair.*



## COLOUR

Colour  
Technician

Colour  
Specialist

Full Head Highlights	£105	£115
Half Head Highlights	£71	£81
Balayage Transformation	£145	£155
Full Balayage Refresh	£105	£115
Roots Re-Growth Tint	£52	£59
Full Head Tint from	£64	£69
Bespoke Toner from	£25	£25
Conditioning Treatment	£16	£16

A **blow dry** will be required with all our colour services. All **new** colour clients will need a skin sensitivity test **48 hours** prior to their appointment.



## HAIR EXTENSIONS

We offer a wide range of hair extensions to suit your desired look. Whether you want to add length or create volume or even add a fringe to your hair. **Prices from £150 (consultation is required)**

## SMOOTH BLOW DRY

Our revolutionary hair care management system is designed to eliminate frizz, lock in colour and enhance shine. It creates a fantastic smooth blow dry that will last up to 12 weeks.

**Prices start from £183 (consultation is required)**

## WEDDING HAIR

Specialists in bridal/prom hairstyling, our aim is to deliver a bespoke, unique look to all our 'brides to be' and bridal parties. We can deliver a service in salon or off site.

**Prices start from £51 (consultation is required)**

## SAKS MEMBERSHIP CLUB

Enjoy unlimited Saks services from just **£100 per month.**



ADVANCED  
CLINIC

## PEEL FACIALS

Before any peels, book a complimentary skin scanner assessment with our skin expert for all your skin concerns. Pre preparation may be required for some peels.

### **BLUEBERRY SMOOTHIE PEEL**     **£87 • 25 mins**

Part L-Lactic Acid exfoliant, part manual scrub, this treatment will soften rough, uneven skin for a balanced complexion and dramatically smoother texture.

### **POMEGRANATE PEEL**     **£87 • 25 mins**

The perfect pick-me-up for all skin types, conditions and concerns. Penetrate excess oil and correct skin conditions such as acne and enlarged pores.

### **RESURFACE BLEND PEEL**     **£97 • 25 mins**

This antioxidant rich Enzyme Peel provides gentle exfoliation and a burst of instant hydration to help balance the moisture and oil levels of skin for a firmer, more refined appearance of the complexion.

### **ESSENTIAL PEPTIDE PEEL**     **£107 • 25 mins**

Manage the visible signs of aging with a blend of potent peptide and stem cell technology to reveal smoother, younger-looking skin

### **BENEFIT PEEL**     **£87 • 25 mins**

A gentle, all-purpose treatment that helps to improve the look of surface texture with fruit enzymes and Vitamins A and C. The perfect treatment series for hyperpigmentation, fine lines and wrinkles.

### **CLARITY PEEL**     **£87 • 25 mins**

A gentle epidermal treatment that decongests pores for clearer, healthier-looking skin. Perfect for oily and blemish-prone skin.

### **BLUEBERRY JESSNER PEEL**     **£107 • 25 mins**

A potent peel that eliminates impurities, reduces the appearance of uneven skin tone and smooths over superficial lines and wrinkles. Also great as a pre-peel degreaser.

### **DEEP SEA PEEL**     **£150 • 25 mins**

A non-acid peel that utilizes manual exfoliation to resurface and rejuvenate the skin, lifting away to diminish the look of uneven skin tone and texture. Depending on skin condition, mild to moderate flaking may occur.

### **TIMELESS PEEL**     **£150 • 25 mins**

Help to rejuvenate the look of aging and sun-damaged skin with this Lactic Acid and Retinol combined peel. Produces powerful results that may include mild to moderate flaking,

## IPL HAIR REMOVAL

Tired of shaving, waxing, and ingrown hairs? Our advanced IPL treatments work beneath the skin to reduce hair growth at the source, leaving skin smoother, clearer, and easier to maintain.

Up to 85% hair reduction in 6–9 sessions.

**Start your journey to effortlessly smooth skin today by booking a consultation.**

Body Area	1 session	3 sessions	6 sessions
Centre Brow	£47	£127	£226
Fingers Navel	£52	£140	£250
Upper Lip Chin Jawline Sideburns	£57	£154	£274
Underarms Bikini Line Upper Lip and Chin	£81	£219	£389
Brazilian Half Face	£120	£326	£576
Lower Arms Chest Back Full Face Hollywood	£158	£427	£758
Lower Legs Full Arms	£215	£581	£1032
Full Legs	£397	£1072	£1906

## ELECTROLYSIS

**£55 • 15 mins**

The only clinically proven method of **permanent hair removal**. Using a precise, targeted approach, electrolysis treats individual hairs at the root, making it ideal for smaller areas and stubborn hair that other methods can't treat. Our expert specialists deliver safe, effective, and tailored treatments for long-lasting, confidence-boosting results. **A consultation is recommended to create your personalised treatment plan.**

## 3D LIPO BODY CONTOURING

A fantastic treatment for overall fat reduction. Where the membranes of the fat cells are disrupted and transported via your lymphatic system. Leaving a contoured result on the body area.

**3D CONSULTATION FREE** (Refundable booking fee £30)

**3D LOWER BODY LIFT TREATMENT** **£120**

Target the stubborn fat on the "love handles", abdomen and inner thighs.  
Course of 8 Sessions **£780**

**3D MUMMY TUM TREATMENT** **£120**

Targets stubborn fat on the "mum tum" abdomen area.  
Course of 8 Sessions **£780** (with Cryo) **£1030**

**3D BUM LIFT TREATMENT** **£120**

Targets stubborn fat on the "banana roll" and outside thigh pockets.  
Course of 8 Sessions **£780** (with Cryo) **£1280**

**3D THIGH GAP TREATMENT** **£400 - £500**

Targets stubborn fat in the thigh area to help sculpt and define the inner thigh.

**3D BINGO WINGS TREATMENT** **£400 - £500**

Target stubborn fat in this area to help sculpt and define the arm.

**3D MANBOOBS TREATMENT** **£400 - £500**

Target stubborn fat in this area to help sculpt and define the "moob" area.



# ADVANCED SKIN TECHNOLOGY

Therapist

Advanced  
Therapist

## COLLAGEN LIFT FACIAL **£95** **£102**

Reveal firmer, smoother, more youthful-looking skin with this advanced, non-invasive alternative to injectables.

Using cutting-edge radio frequency, this results-driven treatment works deep beneath the surface to stimulate natural collagen, leaving your skin visibly lifted, tighter, and beautifully refreshed from your very first session.

**Lift, firm, and glow — the natural way.** **45 mins**

## HYDRO FACIAL **£75** **£80**

Reveal instantly brighter, clearer, more hydrated skin with this multi-step, results-driven treatment that deeply cleanses, exfoliates, and nourishes while infusing targeted serums for maximum glow and radiance.

**The perfect skin boost for a fresh, luminous complexion.** **45 mins**

## MICRODERMABRASION FACIAL **£65** **£70**

Reveal brighter, smoother, more radiant skin with this results-driven exfoliating treatment that gently removes dull, dead skin cells to improve texture, clarity, and glow. The perfect choice for instantly refreshed polished skin.

**45 mins**

## LED FACIAL **£35** **£40**

Reveal clearer, brighter, healthier-looking skin with this deeply relaxing light therapy that boosts collagen, calms inflammation, and targets concerns such as ageing, acne, and dullness.

Perfect for when your skin needs a visible glow boost, this treatment leaves your complexion refreshed, radiant, and beautifully revived.

**Your shortcut to healthy, glowing skin.** **30 mins**





BEAUTY

# BEAUTYLAB FACIALS

Therapist

Advanced  
Therapist

## ESSENTIALS FACIAL

£50 £55

The perfect introduction to skincare and ideal for clients who want a quick but effective facial that delivers results. Our signature treatment deeply hydrates skin for a refreshed and polished finish.

Ideal introductory facial • Rejuvenating, deeply hydrating and protecting  
• Leaves skin refreshed and healthy looking • Recommended for all skin types.

30 mins

## ANTI-AGEING FACIAL

£75 £84

This rejuvenating facial is designed to treat all signs of ageing. It helps to minimise fine lines and wrinkles, so skin is visibly restored, healthier looking and refreshed.. Stimulates collagen • Helps minimise fine lines and wrinkles • Advanced actives, peptides and hyaluronic acid.

Has a revitalising and lifting effect.

60 mins



## BLACK DIAMOND FACIAL

£111 £125

This unique resurfacing range combines deeply cleansing formulas with professional, superficial chemical peels, helping to relieve congestion, while targeting pigmentation, age spots and dull skin. The results are clearer, smoother and visibly brighter skin. Enhances radiance and luminosity. Re-plumps and deeply hydrates.

Gives skin a flattering filtered finish.

75 mins

## REJUVENATING EYE TREATMENT

£42 £47

For clients who want to revitalise, enhance and repair the eye area for visible results. A highly effective eye treatment, using targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening results. Eyes are left looking bright, youthful and revitalised. Recommended for all skin types.

30 mins



WELLBEING

## MASSAGE THERAPIES

Relieve tension, restore balance, and unwind.

Whether you're experiencing postural discomfort, muscle fatigue, or simply need time to de-stress, our expert therapists tailor each treatment to your individual needs.

Using targeted techniques and calming aromatherapy, we help ease tight muscles, reduce stress, and leave you feeling relaxed, rebalanced, and restored.

**Your time to switch off starts here.**

	Therapist	Advanced Therapist
<b>HOT STONES MASSAGE FULL BODY <i>60 mins</i></b>	<b>£68</b>	<b>£73</b>
<b>HOT STONES BACK MASSAGE <i>30 mins</i></b>	<b>£48</b>	<b>£53</b>
<b>MOTHER TO BE PREGNANCY MASSAGE <i>60 mins</i></b>	- -	<b>£85</b>
<b>DEEP TISSUE FULL BODY MASSAGE <i>60 mins</i></b>	<b>£65</b>	<b>£70</b>
<b>DEEP TISSUE BACK MASSAGE <i>30 mins</i></b>	<b>£45</b>	<b>£49</b>
<b>AROMATHERAPY MASSAGE FULL BODY <i>60 mins</i></b>	<b>£68</b>	<b>£73</b>
<b>AROMATHERAPY BACK MASSAGE <i>30 mins</i></b>	<b>£48</b>	<b>£53</b>
<b>SCALP MASSAGE <i>30 mins</i></b>	<b>£45</b>	<b>£50</b>



## SAKS PACKAGES

Therapist

Advanced  
Therapist

### SAKS SENSORY HEAVEN

**£110 £122**

90 minutes of pure relaxation.. Indulge in the ultimate escape with our signature experience, combining a Saks relaxing facial with a deep tissue full body massage, performed on a soothing heated couch.

Designed to ease tension, restore balance, and melt away stress, this immersive treatment leaves you feeling deeply relaxed, refreshed, and renewed.

**Your moment of complete escape.**

**90 mins**

### SAKS HEALING TOUCH

**£155 £167**

The ultimate escape for complete mind and body relaxation.

This indulgent experience combines a Saks relaxing facial with a soothing full body and scalp massage, designed to melt away tension and restore balance.

Immerse yourself in two hours of pure tranquillity, leaving you feeling deeply relaxed, renewed, and re-energised.

**Total relaxation from head to toe**

**120 mins**

### SAKS RELAXATION PACKAGE

**£75 £85**

Relax, unwind, and restore.

This soothing treatment combines a deep tissue back, neck, shoulder and scalp massage — designed to ease tension, relieve stress, and leave you feeling beautifully revived.

**The perfect reset for body and mind.**

**60 mins**

## TANNING

### SPRAY TAN **30 mins**

**£35 £40**

The world's first express 30 minute spray tan treatment with a natural, sun kissed tan in record time. You will see an instant rich, deep golden colour which develops in 30 minutes. The deep rich tan will last up to 10 days before fading perfectly, with no patchiness or flaking.

### UV TANNING

**1 Hour Course £42**

**2 Hour Course £66**

**3 Minutes £6**

**6 Minutes £9**

**9 Minutes £12**

## GIFT VOUCHERS

Gift Vouchers make the perfect gift! Purchase from us online, telephone and email or pop in at our reception.



GLAM

## NAILS

Gel manicures are arguably one of the most exciting beauty innovations of the last few years. A chip resistant gel overlay is applied over your existing nail, delivering a long lasting, flawless finish that dries in seconds whilst at the same time protecting your natural nail.

Gels on hands lasts up to 2-3 weeks and gels on toes lasts up to an amazing 4-6 weeks! With such an array of gorgeous eye catching colours to choose from, you'll be spoilt for choice.

Nail Repair	<i>£10 • 5 mins</i>
Soak Off (must be Saks gel)	<i>£20 • 15 mins</i>
File & Polish	<i>£25 • 15 mins</i>
Manicure	<i>£35 • 45 mins</i>
Gel Manicure	<i>£45 • 45 mins</i>
Gel Refresh Manicure	<i>£48 • 60 mins</i>
Gel Buider Manicure	<i>£47 • 60 mins</i>
Gel Builder Refresh Manicure	<i>£50 • 75 mins</i>
Callus Foot Peel	<i>£35 • 30 mins</i>
Pedicure	<i>£42 • 45 mins</i>
Gel Pedicure	<i>£48 • 45 mins</i>
Gel Refresh Pedicure	<i>£54 • 60 mins</i>



## WAXING

The highest standards of hygiene you would expect at Saks West Bridgford. We only use disposable wax tubes and disposable application heads therefore eliminating any cross contamination.

	Therapist	Advanced Therapist
Full Leg	£39	£45 • 45 mins
3/4 Leg	£33	£38 • 35 mins
Half Leg	£28	£33 • 25 mins
Underarm	£17	£19 • 15 mins
Lip	£13	£15 • 10 mins
Chin	£13	£15 • 10 mins
Back or Chest	£26	£28 • 20 mins
Bikini Standard	£21	£23 • 15 mins
Bikini Extended	£26	£28 • 15 mins
Brazilian	--	£33 • 30 mins
Hollywood	--	£40 • 45 mins

## EYE TREATMENTS

*Clients are required to have a skin sensitivity test 48 hours prior to a tint service.*

Eyebrow Shape	£15	£17 • 10 mins
Eyebrow Tint	£15	£17 • 15 mins
Eyelash Tint	£25	£27 • 20 mins





## OPENING HOURS

Monday - CLOSED  
Tuesday 10.00am - 8.00pm  
Wednesday 10.00am - 8.00pm  
Thursday 10.00am - 8.00pm  
Friday 10.00am - 6.00pm  
Saturday 9.00am - 3.00pm  
Sunday - CLOSED

*We will require **48 hours** notice if you need to cancel your appointment for any service. If **48 hours** notice is not given, a full service cost will apply.*



SCAN CODE  
TO FIND OUT MORE AT  
SAKS WEST BRIDGFORD

# TEL: 0115 945 5444

SAKS HAIR & BEAUTY  
DAVID LLOYD CLUB, RUGBY ROAD, WEST BRIDGFORD,  
NOTTINGHAM NG2 7HX

We also welcome non members of David Lloyd Club.  
Free on site secure parking.