



Saks

SINCE 1974

HAIR &  
BEAUTY  
MENU

# OUR PROMISE TO YOU..

Saks West Bridgford opened it's doors in late 2007. We are a multi award winning hair and beauty salon with one simple objective... to deliver a special experience to our customers.

We pride ourselves on the ability to be professional and welcoming. Our in-salon experts will be attentive to all of your hair and beauty needs, offering genuine and individual advice with the aim of transforming the way you look and feel.

A VERY WARM WELCOME TO  
**SAKS WEST BRIDGFORD**



## HAIR

	Senior Stylist	Principal Stylist	Director
Ladies Cut & Blow Dry	£49	£54	£59
Ladies Cut & Blow Dry <i>Long Thick Hair.</i>	£54	£59	£64
Ladies Re-Style	£59	£64	£69
Ladies Blow Dry	£33	£38	£43
Ladies Blow Dry <i>Long Thick Hair from</i>	£39	£44	£49
Hair Up <i>from</i>	£49	£54	£59
Ghd Curls/Straight	£18	£23	£28
Girls Cut & Blow Dry <i>11-18 year old.</i>	£38	£43	£48
Gents Cut	£26	£28	£33
Boys Cut <i>11-18 year old.</i>	£26	£28	£33
Children under 10 <i>(walk in only – no wash)</i>	£18	£23	£28

*£8 surcharge will apply for long/thick hair.*



## COLOUR

	Colour Technician	Colour Expert	Colour Specialist
Saks Signature Colour			<i>on consultation</i>
Full Head Highlights	£94	£99	£104
Half Head Highlights	£69	£74	£79
T-Section Highlights	£59	£64	£69
Face Frame Highlights	£29	£34	£39
Balayage Transformation	£119	£124	£129
Full Balayage Refresh	£104	£109	£114
Partial Face Frame Refresh	£89	£94	£99
Roots Re-Growth Tint	£52	£54	£57
Partial Re-Growth Tint	£37	£39	£42
Full Head Tint from Colour Correction	£62	£64	£67
			<i>on consultation</i>
Bespoke Toner from Conditioning Treatment	£24	£24	£24
Intense Conditioning Treatment	£16	£17	£16
	£48	£53	£58

A blow dry is required with all our colour services. We strongly recommend all new colour clients have a skin sensitivity test **48 hours** prior to their appointment. £8 surcharge may apply for long/thick hair.

## HAIR EXTENSIONS

We offer a wide range of hair extensions to suit your desired look. Whether you want to add length or create volume or even add a fringe to your hair. **Prices from £150 (consultation is required)**

## SMOOTH BLOW DRY

Our revolutionary hair care management system is designed to eliminate frizz, lock in colour and enhance shine. It creates a fantastic smooth blow dry that will last up to 12 weeks.

**Prices start from £183 (consultation is required)**

## WEDDING HAIR

Specialists in bridal/prom hairstyling, our aim is to deliver a bespoke, unique look to all our 'brides to be' and bridal parties. We can deliver a service in salon or off site.

**Prices start from £48 (consultation is required)**

## SAKS MEMBERSHIP CLUB

Enjoy unlimited Saks services from just **£100 per month.**



ADVANCED  
CLINIC

## PEEL FACIALS

Before any peels, book a complimentary skin scanner assessment with our skin expert for all your skin concerns. Pre preparation may be required for some peels.

### **BLUEBERRY SMOOTHIE PEEL**     **£67 • 25 mins**

Part L-Lactic Acid exfoliant, part manual scrub, this treatment will soften rough, uneven skin for a balanced complexion and dramatically smoother texture.

### **POMEGRANATE PEEL**     **£67 • 25 mins**

The perfect pick-me-up for all skin types, conditions and concerns. penetrate excess oil and correct skin conditions such as acne and enlarged pores.

### **RESURFACE BLEND PEEL**     **£77 • 25 mins**

This antioxidant rich Enzyme Peel provides gentle exfoliation and a burst of instant hydration to help balance the moisture and oil levels of skin for a firmer, more refined appearance of the complexion.

### **ESSENTIAL PEPTIDE PEEL**     **£87 • 25 mins**

Manage the visible signs of aging with a blend of potent peptide and stem cell technology to reveal smoother, younger-looking skin

### **BENEFIT PEEL**     **£77 • 25 mins**

A gentle, all-purpose treatment that helps to improve the look of surface texture with fruit enzymes and Vitamins A and C. The perfect treatment series for hyperpigmentation, fine lines and wrinkles.

### **CLARITY PEEL**     **£77 • 25 mins**

A gentle epidermal treatment that decongests pores for clearer, healthier-looking skin. Perfect for oily and blemish-prone skin.

### **BLUEBERRY JESSNER PEEL**     **£101 • 25 mins**

A potent peel that eliminates impurities, reduces the appearance of uneven skin tone and smooths over superficial lines and wrinkles. Also great as a pre-peel degreaser.

### **DEEP SEA PEEL**     **£101 • 25 mins**

A non-acid peel that utilizes manual exfoliation to resurface and rejuvenate the skin, lifting away to diminish the look of uneven skin tone and texture. Depending on skin condition, mild to moderate flaking may occur.

### **TIMELESS PEEL**     **£101 • 25 mins**

Help to rejuvenate the look of aging and sun-damaged skin with this Lactic Acid and Retinol combined peel. Produces powerful results that may include mild to moderate flaking,

## IPL HAIR REMOVAL

Using a beam of light to zap hair deep below the skin's surface, our medically certified state-of-the-art system gets rid of unwanted hair of any thickness, almost anywhere on the body.

Our highly trained IPL specialists are experts in treating unwanted hair, achieving up to 85% hair reduction in only 6-9 sessions. Not only is it clinically proven, it's quick and relatively pain free.

Body Area	1 Session	3 Sessions 10% OFF	6 Sessions 20% OFF	9 Sessions 30% OFF
Odd Hairs Centre Brow	<b>£37</b>	<b>£100</b>	<b>£178</b>	<b>£233</b>
Fingers Toes Navel	<b>£42</b>	<b>£113</b>	<b>£202</b>	<b>£265</b>
Upper Lip Perianal Cheek Bones Chin Hands incl. fingers Jawline Sideburns Feet incl. toes	<b>£47</b>	<b>£127</b>	<b>£226</b>	<b>£296</b>
Underarm Bikini Line Neck (front) Neck (back) Nipple area Upper Lip & Chin	<b>£67</b>	<b>£181</b>	<b>£322</b>	<b>£422</b>
Brazillian Shoulders Abdomen Half Face	<b>£97</b>	<b>£262</b>	<b>£466</b>	<b>£611</b>
Lower Arms Upper Arms Chest Back Beard Buttocks Full Face Hollywood & Perianal	<b>£147</b>	<b>£397</b>	<b>£706</b>	<b>£926</b>
Lower Legs Full Arms Thighs	<b>£207</b>	<b>£559</b>	<b>£994</b>	<b>£1304</b>
Full Legs	<b>£387</b>	<b>£1045</b>	<b>£1858</b>	<b>£2438</b>

## 3D LIPO BODY CONTOURING

A fantastic treatment for overall fat reduction. Where the membranes of the fat cells are disrupted and transported via your lymphatic system. Leaving a contoured result on the body area.

**3D CONSULTATION FREE** (Refundable booking fee £30)

**3D LOWER BODY LIFT TREATMENT** **£120**

Target the stubborn fat on the "love handles", abdomen and inner thighs.  
Course of 8 Sessions **£780**

**3D MUMMY TUM TREATMENT** **£120**

Targets stubborn fat on the "mum tum" abdomen area.  
Course of 8 Sessions **£780** (with Cryo) **£1030**

**3D BUM LIFT TREATMENT** **£120**

Targets stubborn fat on the "banana roll" and outside thigh pockets.  
Course of 8 Sessions **£780** (with Cryo) **£1280**

**3D THIGH GAP TREATMENT** **£400 - £500**

Targets stubborn fat in the thigh area to help sculpt and define the inner thigh.

**3D BINGO WINGS TREATMENT** **£400 - £500**

Target stubborn fat in this area to help sculpt and define the arm.

**3D MANBOOBS TREATMENT** **£400 - £500**

Target stubborn fat in this area to help sculpt and define the "moob" area.



# HIGH TECH FACIALS

Suffering with deep skin concerns? Pigmentation? Acne? Deep lines? Dull skin? And much more... Our high tech facials are all multi-modality treatments personally crafted to deliver maximum results for all your advanced skin concerns in a quick timeframe

Our advanced technologies include Dermalux, Light Therapy, Radio Frequency, Lymphatic Drainage, Facial Steam and Microdermabrasion and many more. These are some of our go to technologies to transforming our customer's skin.

Starting point is to have a skin consultation where we will analyse your skin using our woods lamp technology and then put a bespoke plan together to correct your skin concern. Taking into consideration your budget and timeframe. All facials will have an added 15 minutes for consultation and aftercare per visit.

Advanced  
Therapist Therapist

## SKIN CONSULTATION **30 mins** **FREE**

Skin is checked using our woods lamp technology and a treatment plan is designed. (Deposit will be required)

## EXPRESS HIGH TECH FACIAL **30 mins** **£62** **£72**

Quick pick me up when limited on time but want maximum results. We use 1-2 of our chosen modality technology machines during this facial.

## SUPERIOR HIGH TECH FACIAL **60 mins** **£87** **£97**

A powerful facial pushing the boundaries of skin. We use 3-4 of our chosen modality technology machines during this facial

## GRADE HIGH TECH FACIAL **75 mins** **£112** **£122**

The ultimate skin package that pushes your skin to the most maximum boundaries in one facial. We use 5-6 of our chosen modality technology machines during this facial.





BEAUTY

# BEUTYLAB FACIALS

Therapist

Advanced  
Therapist

## ESSENTIALS FACIAL

£40 £45

The perfect introduction to skincare and ideal for clients who want a quick but effective facial that delivers results. Our signature treatment deeply hydrates skin for a refreshed and polished finish.

Ideal introductory facial • Rejuvenating, deeply hydrating and protecting  
• Leaves skin refreshed and healthy looking • Recommended for all skin types.

**30 mins**

## ANTI-AGEING FACIAL

£70 £75

This rejuvenating facial is designed to treat all signs of ageing. It helps to minimise fine lines and wrinkles, so skin is visibly restored, healthier looking and refreshed.. Stimulates collagen • Helps minimise fine lines and wrinkles • Advanced actives, peptides and hyaluronic acid. Has a revitalising and lifting effect.

**60 mins**

## GLYCOLIC FACIAL

45 mins

£55 £60

**COMING SOON!**

60 mins

£70 £75

A unique deep cleansing, resurfacing treatment that's especially designed for skin concerns such as acne, pigmentation, age spots and dullness. This facial can be tailored with variable glycolic strengths over a course for maximum results. Complete resurfacing treatment. Combines glycolic acid and pomegranate enzyme. Improves acne, age spots, and pigmentation.

## BLACK DIAMOND FACIAL

£110 £125

This unique resurfacing range combines deeply cleansing formulas with professional, superficial chemical peels, helping to relieve congestion, while targeting pigmentation, age spots and dull skin. The results are clearer, smoother and visibly brighter skin. Enhances radiance and luminosity. Re-plumps and deeply hydrates. Gives skin a flattering filtered finish.

**75 mins**

## REJUVENATING EYE TREATMENT

£40 £45

For clients who want to revitalise, enhance and repair the eye area for visible results. A highly effective eye treatment, using targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening results. Eyes are left looking bright, youthful and revitalised. Recommended for all skin types.

**30 mins**

## GLYCOLIC HAND TREATMENT

**COMING SOON!** £28 £30

Hands are the first place to show signs of ageing, so this intensive, rejuvenating treatment leaves skin smooth, soft and healthier looking. Targets wrinkles • Helps to fade blemishes and age spots.

**20 mins**

## GLYCOLIC BACK TREATMENT

**COMING SOON!** £50 £55

The ultimate deep cleansing back treatment for oily, blemished and congested skin. This treatment is complemented by a relaxing scalp massage. Deep cleansing and decongesting • Smooths • Leaves skin healthy looking.

**45 mins**

# COSMEDIX FACIALS

Therapist

Advanced  
Therapist

**Cosmedix Facial** 60 minutes

£71

£86

**Cosmedix Advanced Facial** 75 minutes

£86

£101

## THE CALMING FACIAL

Soothe away redness and reduce the look of red, sensitized skin with a treatment that also keeps the signs of ageing at bay.

**INSTANT RESULTS** - Calms, soothes and reduces redness. Nourishes skin with powerful antioxidants • Gently resurfaces without redness to reveal younger looking skin.

## AGE DEFIANT TREATMENT

Reduce the visible signs of aging including fine lines and wrinkles with intelligent exfoliation and firming peptides. Help swing the hands of time in the right direction for smoother and more radiant skin.

**INSTANT RESULTS** - Helps rejuvenate the skin to reduce to reduce the appearance of wrinkle depth • Restore the appearance of radiance and suppleness • Nurtures the skin with powerful antioxidants.

## LET'S GET EVEN FACIAL

Minimize the appearance of age spots and uneven skin tone with a brightening treatment that also helps smooth rough skin texture.

**INSTANT RESULTS** - Gently exfoliates to reveal brighter, more even toned skin • Unclogs pores to help promote clear, balanced skin. Protects against age-accelerating environmental stressors.

## THE CLARITY FACIAL

Reduce the look of breakouts and control excess oil for clearer, healthier looking skin.

**INSTANT RESULTS** - Helps reduce excess oil and minimize hyper-sebaceous activity • Reduces the appearance of redness • Deep cleanses to remove pore-clogging impurities.

## THE HYDRATION FACIAL

Relieve dry skin types with a hydrating facial that helps restore moisture, vitality and firmness to the skin.

**INSTANT RESULTS** - Softens skin • Boosts hydration • Improves the appearance of firmness • Supports a more youthful appearance • Increases Natural Moisturising Factor.

## ELITE REJUVENATING FACIAL

Gently awaken the skin with this rejuvenating facial protocol. Designed for all skin types, this service helps to exfoliate and promote plumping the look of wrinkles. This facial can benefit even the most sensitive skin types and can be used to help deeply cleanse and balance.

**INSTANT RESULTS** - Perfect for all skin types • Helps to firm and smooth skin texture • Great for first time clients.



WELLBEING

## BODY TREATMENTS

Therapist

£84

Advanced  
Therapist

£89

### MOISTURE NOURISHING BODY WRAPS

This luxurious and intensely moisturising body wrap uses Shea Butter and Silk Protein nourishing balm to support the skin's barrier, whilst Lavender, Vetiver and Clary Sage help to relax the mind and body. The sleep-inducing fragrance lingers on the skin and allows you to drift off into a blissful slumber.

You are cocooned and treated to a face and scalp massage whilst the oils work their hydrating magic. Ideal for dry skin in need of intense nourishment, excellent for post-holidays. The skin is super-hydrated, moisturised and provides a deeply relaxing experience. **60 mins**

### INTENSELY CLEANSING SUGAR SCRUB TREATMENT

£84 £89

The extraordinary cleansing power of a Coffee & Sugar Body Scrub, goes to work helping to refine, tone and boost your body's care routine and wake up your skin, releasing toxins with this body polishing treatment.

The fragranced sugar scrub will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. You will be cocooned and treated to a face and scalp massage. Leaving with a smooth & responsive canvas, ready to absorb the deeply nourishing body balm, delivering a velvety soft, invigorated and brighter skin. Great for pre-holidays and if you want a radiant and youthful glow. **60 mins**



## MASSAGES

Do you experience pain from postural problems? Do you experience muscle fatigue from work or exercise? Would you like help relieving and reducing stress levels? If so, we can help you. Our massage therapist will tailor your massage to your needs.

	Therapist	Advanced Therapist
<b>HOT STONES MASSAGE FULL BODY <i>60 mins</i></b>	<b>£63</b>	<b>£68</b>
<b>HOT STONES BACK MASSAGE <i>30 mins</i></b>	<b>£48</b>	<b>£53</b>
<b>MOTHER TO BE PREGNANCY MASSAGE <i>60 mins</i></b>	<b>N/A</b>	<b>£73</b>
<b>DEEP TISSUE FULL BODY MASSAGE <i>60 mins</i></b>	<b>£58</b>	<b>£63</b>
<b>DEEP TISSUE BACK MASSAGE <i>30 mins</i></b>	<b>£43</b>	<b>£48</b>
<b>AROMATHERAPY MASSAGE FULL BODY <i>60 mins</i></b>	<b>£63</b>	<b>£68</b>
<b>AROMATHERAPY BACK MASSAGE <i>30 mins</i></b>	<b>£48</b>	<b>£53</b>
<b>SCALP MASSAGE <i>30 mins</i></b>	<b>£43</b>	<b>£48</b>



## SAKS PACKAGES

Therapist

Advanced  
Therapist

### SAKS SENSORY HEAVEN **90 mins £103 £113**

Relaxation heaven. 90 minutes of heavenly bliss. The Saks enhancing facial combined with a deep tissue back massage on a heated relaxing couch. Relieve your aches and pains and de-stress.

### SAKS HEALING TOUCH **150 mins £166 £181**

The ultimate relaxation heavenly package to relieve away stresses and strains. Incorporates a Saks enhancing facial with an aromatherapy full body and scalp massage. Perfect for a mind blowing two and a half hours of total body, face and scalp tranquility.

### SAKS RELAXATION PACKAGE **60 mins £73 £83**

Deep tissue back, neck and shoulder massage followed by a Saks discovery facial. The ultimate in feeling revived and de-stressed.



## TANNING

### SPRAY TAN **30 mins £32 £37**

The world's first express 30 minute spray tan treatment with a natural, sun kissed tan in record time. You will see an instant rich, deep golden colour which develops in 30 minutes. The deep rich tan will last up to 10 days before fading perfectly, with no patchiness or flaking.

### UV TANNING

**1 Hour Course £42**

**2 Hour Course £66**

**3 Minutes £6**

**6 Minutes £9**

**9 Minutes £12**

### BLOCK COURSES (6 for the price of 5)

Discount is available on block courses of services/treatments when purchased in advance. Purchase five of the same service/treatment and receive one treatment FREE! You can also share your course with friends and family. Please ask reception for details. *T&Cs apply.*

## GIFT VOUCHERS

Gift Vouchers make the perfect gift! Purchase from us online, telephone and email or pop in at our reception.



GLAM

## NAILS

Gel manicures are arguably one of the most exciting beauty innovations of the last few years. A chip resistant gel overlay is applied over your existing nail, delivering a long lasting, flawless finish that dries in seconds whilst at the same time protecting your natural nail.

Gels on hands lasts up to 2-3 weeks and gels on toes lasts up to an amazing 4-6 weeks! With such an array of gorgeous eye catching colours to choose from, you'll be spoilt for choice.

	Therapist	Advanced Therapist	
Nail Repair	£8	£8	5 mins
Gel Nail Extensions	£53	£63	• 75 mins
Gel Extension Infill	£48	£53	• 60 mins
Soak Off (must be Saks gel)	£18	£23	• 15 mins
File & Polish	£23	£28	• 15 mins
Manicure	£33	£38	• 45 mins
Spa Manicure	£38	£43	• 60 mins
Gel Manicure	£43	£48	• 45 mins
Gel Refresh Manicure	£43	£48	• 60 mins
Callus Foot Peel	£31	£38	• 30 mins
Pedicure	£38	£43	• 45 mins
Spa Pedicure	£48	£53	• 60 mins
Gel Pedicure	£48	£53	• 45 mins
Gel Refresh Pedicure	£48	£53	• 60 mins
Intense Pedicure	£63	£68	• 75 mins
Gel Intense Pedicure	£68	£73	• 75 mins
Soak Off Gel Intense Pedicure	£73	£78	• 90 mins



## WAXING

The highest standards of hygiene you would expect at Saks West Bridgford. We only use disposable wax tubes and disposable application heads therefore eliminating any cross contamination.

	Therapist	Advanced Therapist
Full Leg	£35	£37 • 45 mins
3/4 Leg	£31	£33 • 35 mins
Half Leg	£26	£28 • 25 mins
Full Arm	£26	£30 • 30 mins
Forearm	£23	£25 • 20 mins
Underarm	£17	£19 • 15 mins
Lip	£13	£15 • 10 mins
Chin	£13	£15 • 10 mins
Back or Chest	£26	£28 • 20 mins
Bikini:-		
Standard	£21	£23 • 15 mins
Extended High	£26	£28 • 15 mins
Brazilian	n/a	£33 • 30 mins

## EYE TREATMENTS

Clients must have a skin sensitivity test at least 48 hours prior to eyebrow tint and/or eyelash treatments.

Eyebrow Shape	£15	£17 • 10 mins
Eyebrow Tint	£13	£15 • 15 mins
Eyelash Tint	£20	£22 • 20 mins
Laminating Brows	n/a	£52 • 45 mins
LVL Lashes	n/a	£56 • 60 mins
LVL & Laminating Duo	n/a	£85 • 70 mins

BEFORE

AFTER





## OPENING HOURS

Monday - CLOSED  
Tuesday 10.00am - 8.00pm  
Wednesday 10.00am - 8.00pm  
Thursday 10.00am - 8.00pm  
Friday 10.00am - 6.00pm  
Saturday 9.00am - 3.00pm  
Sunday - CLOSED

We will require **48 hours notice** if you need to cancel your appointment for any service. If **48 hours notice** is not given, a charge will apply.



SCAN CODE  
TO FIND OUT MORE AT  
SAKS WEST BRIDGFORD

**TEL: 0115 945 5444**

SAKS HAIR & BEAUTY  
DAVID LLOYD CLUB, RUGBY ROAD, WEST BRIDGFORD,  
NOTTINGHAM NG2 7HX

We also welcome **non members** of David Lloyd Club.  
**Free on site secure parking.**

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