

WHAT MAKES SAKS SPECIAL?

"WE ARE A SPECIAL KIND OF ORGANISATION BECAUSE WE HELP TRANSFORM THE WAY OUR CUSTOMER'S LOOK AND FEEL. WE MAKE THEM FEEL SPECIAL AND BY LOOKING BETTER, THEY FEEL BETTER, MORE CONFIDENT AND INSPIRED TO BE THE VERY BEST THAT THEY CAN BE"

We're all about women. Every day we are involved with your style, your transformation and your confidence. We are warm, honest, open and genuine.

We care passionately about what we do - for both our network of colleagues and our special community of clients.





FOLLOW US



HAIR	Senior Stylist	Principal Stylist	Director
Ladies Cut & Blow Dry	£41	£44	£48
Ladies Cut & Blow Dry Long Thick Hair	£46	£49	£53
Ladies Re-style	£51	£54	£58
Ladies Blow Dry	£23	£25	£27
Ladies Blow Dry Long Thick Hair	£28	£30	£32
Hair Up from	£41	£44	£47
Ghd Curls/Straight	£16	£17	£18
Fringe Trim	£5	£5	£5
Girls Cut & Blow Dry 11-16 Years 17-19 Years	£29 £35	£32 £37	£36 £39
Gents Cut - wash included	£19	£21	£23
Boys Cut 11-16 Years	£19	£21	£23
Children under 10 (walk in only – no wash)	£14	£16	£19

A £5 surcharge will apply for long/thick hair.



COLOUR	Colour Technician	Colour Expert	Colour Specialist
Saks Signature Colour		on consulta	tion
Full Head Highlights	£76	£78	£80
Half Head Highlights	£56	£58	£60
Roots Re-touch Tint	£42	£44	£46
Full Head Tint	£52	£54	£56
Deep Conditioning Treatment	£10	£10	£10
Colour Correction		on consulta	tion
Smartbond fro	m £20	£20	£20

A blow dry is required with all our colour services. We strongly recommend all new colour clients have a skin sensitivity test 48 hours prior to their appointment. A £5 surcharge may apply for long/thick hair.

HAIR EXTENSIONS

The secret to beautiful hair...

We offer a wide range of hair extensions to suit your desired look. Whether you want to add length or create volume or even add a fringe to your hair.

We include permanent and semi-permanent hair extensions offering clip in, weft and pre-bonded extensions using the finest Remy human hair. Extensions are 100% 'glue free' and will therefore not cause any damage to your hair.

Full Head Extensions	from	£580
Half Head Extensions	from	£220

SMOOTH BLOW DRY

WANT TO ELIMINATE FRIZZ?

Our revolutionary hair care management system is designed to eliminate frizz, lock in colour and enhance shine. It creates a fantastic smooth blow dry that will last up to 12 weeks.

The results you will experience are truly breathtaking and life changing.

The biometric technology breaks down keratin to a micro molecular size enabling it to penetrate into the hair shaft to create smooth, manageable hair even to those with the most unruly hair types.

Short hair (above shoulders)	£150
Medium hair (shoulder length)	£170
Long hair (below shoulder)	£190
Extra long/thick hair	on consultation



FACIALS

Our skin treatments offer long lasting, visible results.

A complimentary skin expert consultation will determine the most effective treatments prescribed for your needs. The range includes relaxing and refreshing treatments plus intensive clinical solutions for most common skin complaints including skin damage, acne, premature ageing, rosacea and more.

We work with the latest advanced corrective skincare to treat all common cosmetic skin conditions. Our professional, certified experts have the knowledge and skill set, to guide you to the skin you've always dreamed of.

SKIN ASSESSMENT

FREE • 15 mins

Let our skin experts identify the root cause of your skin concern to treat and visibly improve the appearance and condition of your skin through a sophisticated corrective process, using arange of advanced corrective treatments.

MED-FACIAL

£40 • 25 mins

This process includes a skin reviving enzyme mask treatment and application of customised serums to replenish the skin's deeper layers and kick start your transformation.

To complete the assessment, we will create an individual dermal plan for your specific needs which will be customised into a personal skincare package.

DELUXE MED-FACIAL

£69 · 60 mins

This bespoke facial is prescribed for your individual skin type using active ingredients that work on a cellular level to revitalise and stimulate a healthy complexion and leave your skin looking beautiful.

This advanced facial incorporates a luxury scalp or arms and hands massage to ease away everyday stresses whist leaving your skin looking its radiant best in minimal time.

SIGNATURE MED-FACIAL £84 • 1Hr 15 mins

Customised to suit your individual skin type, this results driven luxury facial uses advanced and active ingredients to promote gentle resurfacing, revitalise and to stimulate a healthy complexion. The face, décolleté, arms and hands are also massaged using prescribed products to help combat ageing and aid relaxation.

The treatment also incorporates a scalp massage to ease stress and tension, ensuring that when you leave you will feel relaxed and look revitalised.

TODAY PEELS

Prior skin preparation may be required using a personalised homecare kit.* Ideal for age management, Melasma, Acne, Rosacea, sensitive and dry skin.

Today Peels use innovative, purified botanically based ingredients that won't cause discomfort or visible dryness, but will simply accelerate the skin's renewal process, increase collagen production and mildly resurface the skin for superior results.

BLUEBERRY SMOOTHIE INFUSION £65 • 25mins

A delicious and energising peel invigorates the skin using active blueberry extracts and gentle acid to restore a youthful glow without irritation, a great alternative to microdermabrasion. Also an exceptional acne treatment.

POMEGRANATE INFUSION £75 • 25mins

This potent antioxidant peel evens out the top layers of the skin, stimulating collagen and preventing free radical damage to support the life span of healthy cells.

PURITY INFUSION

£95 • 25mins

An innovative antioxidant peel formulated to penetrate excess oil and correct skin conditions such as acne and enlarged pores. Clears the skin of blemishes, healing acne lesions, reducing inflammation and exfoliating the skin to reveal a glowing, dewy complexion. Also great for reducing fine lines and combating premature ageing.

BENEFIT INFUSION

£95 • 25mins

Transforms dull, lifeless skin into an instant, glowing complexion. A potent antioxidant, it contains a rich blend of nourishing, stimulating ingredients for the superficial and deeper layers of the skin, ideal for sun damage on facial and non facial areas.

BLUEBERRY JESSNER'S (per layer) £60 • 15mins A very effective peel for thick oily skin, photo-damage, ageing and mature skin conditions. Can be used as a pre-treatment with selected peels, for maximum benefits.



TOMORROW PEELS

10-30 day skin preparation is required using a personalised homecare kit.

TIMELESS INFUSION

£245 · 25mins

The gold standard in corrective skin treatments. This dermal remodelling treatment will return your complexion to health by treating and resolving the signs of premature ageing, uneven skin tone, lines and wrinkles and improving skin texture.

It works to restore the growth of healthy, young skin cells and increases your skin's moisture levels to give an age-defying, smooth complexion.

DEEP SEA INFUSION

£245 • 25mins

Using a blend of sea minerals, herbs and exfoliating beads, this unique non-acid peel generates Collagen and stimulates deep change in the skin, with remodelling effects continuing to work days after the treatment.

DEEP SEA AND TIMELESS INFUSION £360 · 40mins

The benefit of the two above facials combined. The ultimate facial with maximum results.

PEELS PACKAGES

PACKAGE ONE	£426
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Homecare prep kit and 4 peels services

PACKAGE TWO £153

Homecare prep kit

PACKAGE THREE £285

4 peels services



BODY CONTOURING WITH 3D LIPO

3D Lipo is an amazing alternative to liposuction offering a powerful new form of treatment in non-surgical fat removal, cellulite treatment and skin tightening for the face and body.

It's the 'holy grail' of body contouring and it's pain free with fast results and a huge hit with celebs and models alike who simply don't have the time for recovery from surgery.

The machine has several functions that we use to get the best out of your treatments.

CAVITATION

Uses a natural phenomenon based on low frequency ultrasound. The ultrasound produces a strong wave of pressure to fat cell membranes. A fat cell membrane cannot withstand this pressure and therefore disintegrates into a liquid state which is then disposed of via the body's natural metabolic processes.

CRYO (FAT FREEZING)

Highly recommended for the treatment of small pockets of fat such as 'baby belly'. It freezes fat cells without affecting other body cells. This method physically destroys the fat cells.

Customers are NOT required to exercise post treatment in order to metabolise the released fat.

RADIO FREQUENCY

Tightens the skin using radio frequency. This is highly effective for skin tightening improving overall skin tone.

DERMOLOGY

Dermology is highly effective at reducing cellulite in key stubborn areas and during this process we use vacuum rollering.



CONSULTATION

FREE • 45 mins

CAVITATION

I session Course of 4 sessions Course of 8 sessions

CRYO BODY area

CRYO CHIN grea

Cryo (small head one area) Cryo (small head two areas) Cryo (large head one area) Cryo (large head two areas) £100 • 45 mins £320 or £80 per treatment £552 or £69 per treatment

> £200 • 45 mins £350 • 90 mins £250 • 60 mins

£450 • 120 mins

£100 · 30 mins

IPL HAIR REMOVAL

Using a beam of light to zap hair deep below the skin's surface, our medically certified state of-the-art system gets rid of unwanted hair of any thickness, almost anywhere on the body.

Our highly trained IPL specialists are experts in treating unwanted hair, achieving up to 95% hair reduction in only 6-9 sessions. Not only is it clinically proven, it's quick and relatively pain free.

	15,55			
Area	1 Session	3 Sessions 20% OFF	6 Sessions 30% OFF	9 Sessions 40% OFF
Odd Hairs Centre Brow	£20	£48	£84	£108
Fingers Toes Navel	£25	£60	£105	£135
Upper Lip Perianal Cheek Bones Chin Hands incl. fingers	£30	£72	£126	£162
Jawline Sideburns Feet incl. toes		0	18	
Underarm Bikini Line Neck (front) Neck (back) Nipple area Upper Lip & Chin	£5O	£12O	£210	£27O
Brazillian Shoulders Abdomen Half Face	£80	£192	£336	£432
Lower Arms Upper Arms Chest Back Beard Buttocks Full Face Hollywood & Perianal	£11O	£264	£462	£594
Lower Legs Thighs	£200	£480	£840	£1080
Full Legs	£380	£912	£1596	£2052



DECLÉOR FACIALS

Three technologically advanced facials to fight every concern, each with precise and blissful rituals.

Based on 40 years of skincare expertise and utilising the latest technological breakthroughs in anti-ageing care, they bring a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity.

HIGH TECH SKIN ANALYSIS FREE • 15 mins

To assess condition and determine best treatments and products with latest generation technology and therapist know-how.

DECLEOR DISCOVERY FACIALS

The effective rescue remedy for perfectly radiant skin. Short of time? Discover why Decléor facials are world famous with this rescue remedy. Includes revitalising massage, essential oils and a gentle polish to wake up tired skin leaving it fresh and radiant.

AROMATHERAPY DISCOVERY £43 • 25 mins

This exquisite time-precious prescriptive facial is an effective rescue-remedy for perfectly radiant skin. Decléor's iconic gentle exfoliation is perfect for awakening tired skin, and the use of your chosen Aromessence Oil Serum will leave you with a fresh, radiant and hydrated complexion.

AURABSOLU GLOW POWER BOOSTER £48 • 25 mins Awakens even the most tired of complexions in the shortest of times. Revitalises the mind and body, leaving the skin luminous and as fresh as the morning dew.

DECLÉOR ULTIMATE VITAMIN GLOW £58 • 60 mins Award winning vitamin facial to leave your skin visibly radiant. Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress.





DECLEOR BEAUTY ENHANCING FACIALS

A sensation of extreme effectiveness and well-being prescribed to your individual skin needs. After an expert skin analysis, your therapist will select from one of our targeted active masks with renowned properties that will enhance the beauty of your own skin.

OXYGENATIING PURE & MATT £72 • 60 mins

For instant clarity on dull, devitalised skin, this antibacterial and mattifying facial treats spots and shine. Includes Aquatic Plant Powders and an oxygenating power mask for a brighter and shine-free complexion that's simply flawless.

DIVINE NUTRITION

£72 • 60 mins

By cocooning skin in deliciously nourishing essential oils and active nutrients, this facial comforts, renews and restores. Ultra nourishing to feed dull, dry and exposed skin, it transforms complexions to radiant and satin smooth.

HARMONIE CALM

£72 • 60 mins

Acting like a calming comfort blanket, this blissful treatment relieves stressed, angry skin. Power-packed with skin strengthening essential oils including a skin perfecting peel off mask, it works immediately for clear, soothed and resiliant skin.

MOISTURE QUENCH

£72 • 60 mins

This super-hydrating facial quenches the thirstiest skin. Includes gentle exfoliation to smooth, then a nutrient-rich mask to intensively rehydrate for skin that's supple and cashmere soft.

DECLEOR ADVANCED ANTI-AGEING FACIALS

Three technologically advanced facials to fight every concern, each with precise and blissful rituals.

Based on 40 years of skincare expertise and utilising the latest technological breakthroughs in anti-ageing care, they bring a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity.

DECLÉOR WRINKLE RESIST £79 • 75 mins

Youth-boosting anti-wrinkle treatment. For immediately visible results, powerful ingredients and gentle exfoliation target lines and wrinkles. A mineral mask also lifts, plumps and firms for a luminous, younger looking complexion. An ideal facial for first signs of ageing.

DECLÉOR COLLAGEN PLUMP & LIFT £79 · 75 mins

Ultimately effective anti-ageing facial leaving the skin plumper and firmer. Energising but luxurious, specialised massage helps recharge skin tissues while an indulgent, collagen-rich mask infuses the complexion with skin-plumping nutrients. The skin's natural renewal process is kick started for firmer, radiant skin. An ideal facial for 40+ skin.

OREXCELLENCE FACIAL PILATES £79 • 75 mins

A pilates session for the skin to help visibly lift, re-model and re-densify the skn. Inspired by pilates, delivers a natural lift to the face, whilst helping reshape the contours of the facial with a re-cushioning effect. The skin is left flawless, glowing with rosy youthfulness. An ideal facial for 50+ skin.

VITAL EYES £48 • 45 mins

Anti-ageing and visibly plumping for a smoother eye zone.

Put the sparkle back! Featuring restoring and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase the appearance of wrinkles for a sparkling, rested eye zone.



BODY

Massages to relax or invigorate.... Pure bliss guaranteed.

DEEP TISSUE BACK MASSAGE £33 · 25 mins

For muscle pain, stress relief. This is a deep flowing massage technique that targets tension.

AROMATHERAPY £38 • 25mins BACK & SHOULDER MASSAGE

Heavenly Aromatherapy treatment for aching muscles, stress relief and relaxation needs. Massage is designed to relax, soothing sensation of the warm aromatherapy balms to guarantee pure bliss.



DEEP TISSUE FULL BODY MASSAGE* £53 • 55 mins For muscle pain, stress relief. This is a deep flowing massage technique that targets tension.

AROMATHERAPY £58 • 55 mins FULL BODY MASSAGE*

Everyday stresses and strains simply disappear with our heavenly aromatherapy massage.

The incredibly soothing sensation of the warm aromatherapy balms, expertly blended from exquisite essential oils to melt away tension and ease stress.

*Can be upgraded to a personalised blend of 25 essential oils.

DECLEOR BODY EXPOLIATION £65 • 55 mins

With body brushing, warm oil is drizzled over the body. This collagen treatment helps firm and nourish the skin whilst the salt exfoliation is scattered over the body. The skin is left feeling smooth and silky.

PACKAGES

SAKS SENSORY HEAVEN

£91 • 90 mins

Relaxation heaven. 85 minutes of heavenly bliss. The ultimate Decléor aromatherapy discovery facial combined with an aromatherapy full body massage. Relieve your aches and pains on our warm, heated couches.

HEALING TOUCH

£139 • 150 mins

The ultimate relaxation heavenly package to relieve away stresses and strains. Incorporates a Decléor ultimate vitamin glow facial with an aromatherapy full body and scalp massage. Perfect for a mind blowing two and a half hours of total body, face and scalp tranquility.

GLAMOROUS GETAWAY

£113 • 130 mins

The ultimate package for looking and feeling fabulous on your holiday or night out. Gel manicure, Gel pedicure, half leg wax and a spray tan.

RELAXATION FOR THE MEN

£68 • 60 mins

Back, neck and shoulder massage followed by a Decléor aromatherapy discovery facial. The ultimate in feeling revived and de stressed.

TANNING

SPRAY TAN

£29 · 30 mins

The world's first express 30 mintute spray tan treatment Provides a natural, sun kissed tan in record time. you will see an instant rich, deep golden colour which develops in 30 minutes. The deep rich tan will last for up to 10 days before fading perfectly, with no patchiness or flaking.

UV TANNING

Block course I Hour £30

Block course 2 Hours £54

3 Minutes £3

6 Minutes £6

9 Minutes £9

BLOCK COURSES (6 FOR 5)

Discount is available on block courses of services when purchased in advance. Purchase five of the same treatment and receive one treatment absolutely FREE. You can also share your course with friends and family. Please ask reception for details, T&C APPLY.

GIFT VOUCHERS

Gift Vouchers make the perfect gift on any occasion and are available as a monetary value in denominations of £10, £25 or £50 to allow the recipient to choose their favourite hair or beauty treatment. Alternatively if you already know which treatment your loved one prefers, we also have 'name of treatment' vouchers available. Gift vouchers can only be used at Saks West Bridgford.

NAILS

Gel manicures are arguably one of the most exciting beauty innovations of the last few years. A chip resistant gel overlay is applied over your existing nail delivering a long lasting, flawless finish that dries in seconds whilst at the same time protecting your natural nail.

Gels on hands lasts up to 2 to 3 weeks and gels on toes lasts up to an amazing 4 to 6 weeks. With such an array of gorgeous eye catching colours to choose from, you will be spoilt for choice.

Nail Repair Soak Off File and Polish	£5 • 5 mins £12 • 15 mins £15 • 15 mins
Manicure	£30 • 45 mins
Soak Off with Manicure	£30 • 60 mins
Spa Manicure	£35 • 60 mins
Gel Manicure	£35 • 45 mins
Gel Refresh Manicure (includes soak off)	£35 • 60 mins
Acrylic Nail Extensions	£60 • 90 mins
Acrylic Infills	£40 • 75 mins
Acrylic and Gel Manicure	£40 • 90 mins
Acrylic and Gel Extensions	£60 • 90 mins
Pedicure	£35 • 45 mins
Soak Off with Pedicure	£35 • 60 mins
Spa Pedicure	£39 • 60 mins
Gel Pedicure	£39 • 45 mins
Gel Refresh Pedicure (includes soak off)	£39 • 60 mins



WAXING

The highest standards of hygiene you would expect at Saks West Bridgford. We only use disposable wax tubes and disposable application heads therefore eliminating any cross contamination.

Full Leg	£29 • 45 mins
3/4 Leg	£25 • 35 mins
Half Leg	£20 • 25 mins
Full Arm	£22 • 30 mins
Forearm	£17 • 20 mins
Underarm	£12 • 15 mins
Lip	£9 • 10 mins
Chin	£9 • 10 mins
Back	£20 • 20 mins
Chest	£20 • 20 mins
Bikini:-	
Standard	£17 • 15 mins
Brazilian	£25 • 30 mins
Hollywood	£29 • 45 mins



EYE TREATMENTS

Clients must have a skin sensitivity test at least 48 hours prior to eyebrow and/or eyelash treatments.

Eyebrow Shape£12 • 10 minsEyebrow Tint£10 • 15 minsEyelash Tint£16 • 20 mins

LVL LASHES

£59 · 60 mins

Length, volume and lift upon natural lashes. A great false lash alternative Lasts 6-8 weeks and ideal for holidays or short straight lashes. Includes FREE homecare serum which must be used in conjunction with treatment (worth £14.95)





MII MINERAL MAKEUP

THE FOUNDATION CHALLENGE £25 · 30mins*



Bring along your foundation and we will demonstrate one half of your face with your own foundation and the other half with our Youngblood mineral foundation and you will see just how amazing this product is.

Made with 100% pure natural minerals, offering superior, weightless and adjustable coverage for healthy and radiant looking skin. Suitable for all skin conditions including sensitive skin. May also be used following aesthetic procedures. *£25 Redeemable upon purchase of product.



OPENING HOURS

Monday - CLOSED Tuesday 10.00am - 8.00pm Wednesday 10.00am - 8.00pm Thursday 10.00am - 8.00pm Friday 10.00am - 6.00pm Saturday 9.00am - 5.00pm Sunday - CLOSED

We would require 48 hours notice if you need to cancel your appointment for any service. If 48 hours notice is not given, a charge will apply.

> SAKS HAIR & BEAUTY DAVID LLOYD CLUB **RUGBY ROAD WEST BRIDGFORD NOTTINGHAM** NG2 7HX

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We are open to non-members of the health club. Free on site secure parking.